



# BIOGRAPHY

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2023



Being brave, living one's dreams, freedom, travel, just going for it, taking a risk, believing in oneself, and being independent - Kai Sonnhalter has accomplished all of these things that so many people dream of. The engineer quit his job in his mid-thirties and set off on travels with his backpack and guitar. He wanted to make his own music again, his own songs, and his own lyrics. Where his journey took him was beside the point; the journey was the reward. On his way from the North Cape to the Peruvian Andes, he collected his ideas and inspirations. And so Kai's debut EP "The Journey Is The Reward" was born, released under the name SONNHALTER in 2015.

Kai's songs reflect his encounters and experiences. His music embodies honesty and bears the traces of his 30-year musical journey. Musically, he stays true to his roots, building a bridge between the lightness of being and the bittersweet irony of life with his fusion of singer/songwriter and guitar rock styles.

After winning the songwriter award "Prix des Aralunaires" at the Luxembourg "Festival Saveurs Culturelles du Monde," Kai played support shows for acts such as PUR, Jupiter Jones, and Nico Santos with his band SONNHALTER. With his retro pop project STEREOKAI, Kai released the album "Reden ist Silber, Tanzen ist Gold" in 2016 before following up with two more solo studio albums in 2020 and 2023.

Although SONNHALTER's sound today is more earthy and rocky, his message and writing style remain unchanged. Kai's melancholic yet hopeful style delivers pleasing pop songs with catchy hooks and memorable melodies that reveal authentic compositional and lyrical depth upon closer listening.

SONNHALTER online:

